

Creative Bridges International: Working with Words for Wellbeing
Day One: Saturday 13th July

10.00-10.30 am	Registration				
10.30 – 11.00 am	Introduction				
	Research & Sustainability	Diversity & Communities	Expressive Arts & Embodied Practice	Why (not) Writing?	Change & Possibilities
11.10-12.30 pm	Geri Chavis – Poetry Therapy: A Doorway to Understanding and Alleviating Loneliness	Dal Kular – She Howls: Creating Diverse and Inclusive Online Communities	Elaine Konopka – A Map of Traps, a Quiver of Strengths: Writing for Wellbeing in Somatic Practice	Claire Williamson – Finding Oneself in a different form	Sarah Askew – A poetry writing session (Details TBC)
12.30 – 1.30 pm	Lunch & Networking				
1.30 – 3.00 pm	Mandeep Singh – Between hip-hop and Hippocrates: How rap humanised medicine	Kate Pawsey – Diversity and Community – addressing how to reflect our societies in the provision and delivery of CWTP.	Jacqui Smith – Using Olfactory Memory in CWTP – ‘Smells Ring Bells’	Matt Johnson – From PTSD to publication – life after the thin blue line.	Leslie Tate – Glad to be Genderqueer
3.00 – 3.30 pm	Break				
3.30 – 5.00 pm	Vicky Field, Anne Taylor & Graham Hartil – Panel on Practice in CWTP	Jeannie Wright – Write what you can’t say to mentors and supervisors	Caspar Walsh – Write to Freedom: Addiction, PTSD and the healing paths of myth, wild nature and rebuilding the ‘village’	Lisa Rossetti – Unheard Voices: Working with the Homeless	Foluke Taylor – Creative writing as space for black imagination.
5.00 – 5.30 pm	Plenary				
6.30 – 8.00 pm	Evening meal & Open Mic				

10.00-10.30 am	Registration				
10.30 – 11.00 am	Guest Speaker – Larry Butler				
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11.10-12.30 pm	Fiona Hamilton – What Can Writing for Wellbeing Offer in an Environmentally Challenged World?	Stephanie Dale – Raising Voices & Visibility: the power of writing for wellbeing in overcoming isolation in the Australian Outback.	Nigel Gibbons – Writing from the uncomfortable	Eva Roshan & Lizzie Chittleboro – Joint Panel on writing memoir	Tony Wall – A Lapidus Research Session (Details TBC)
12.30 – 1.30 pm	Lunch				
1.30 – 3.00 pm	Ffion Murphy, Barbara Bloomfield and Claire Williamson Explorations in writing therapy within and beyond the academy	Clare Scott & Graham Hartill Out of the Box – an experiential writing workshop	Neena Massey - Release Trapped Emotions through Movement, Art and Writing	Iona May – Breaking Down Loudly; exploring grief through clown-poetry	Time and Tide Tellers – Storytelling event
3.00 – 3.30 pm					
3.30 – 5.00 pm	Christine Ramsey-Wade – Researching the Therapeutic Impact of Words	Denise Saul - Poetic Expression: Silent Room - Creating Video Poems For Adults With Speech Disability, Aphasia	Ruth Evans & Rajeshree Sisodia & Kerryn Alt – Research at the Edge: The ‘emotional geography’ of CWTP	Stephanie Parker & Victoria Wells – Corresponding with yourself in letters and postcards	Creative Bridges Counsellor Session with Val Philips – anonymous sign up available on the day if you would like to talk
5.00 – 5.30 pm	Plenary				